

NHS
Education
For
Scotland

Edinburgh Napier
UNIVERSITY

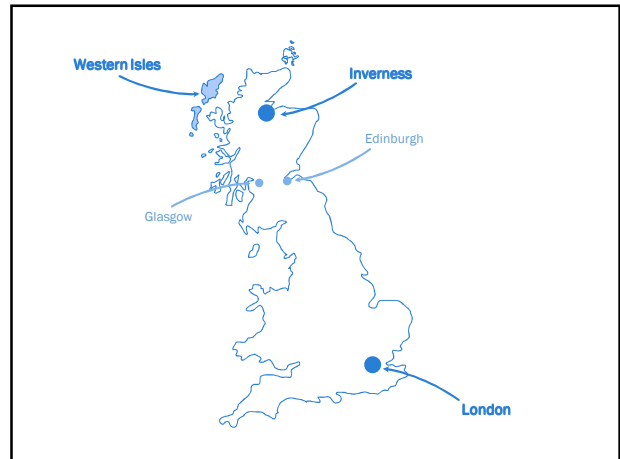
**UNIVERSITY OF
STIRLING**

“IT GAVE ME A GOOD STEP IN TO UNIVERSITY”
Students’ experiences of transition to undergraduate
nurse education after a pre-nursing scholarship



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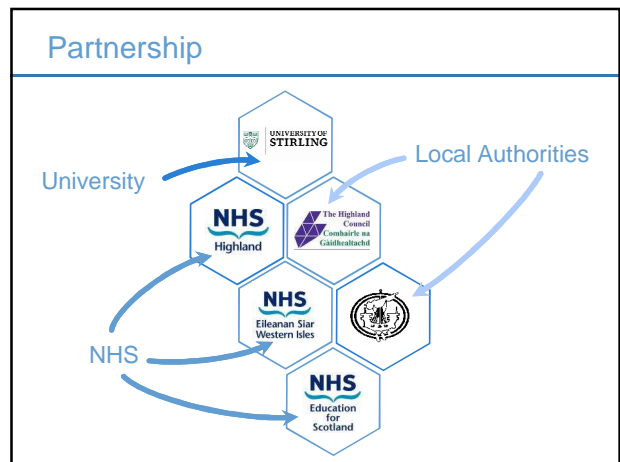
Presentation

P RE-NURSING SCHOLARSHIP

R ESEARCH METHODS

F INDINGS

K EY MESSAGES FOR NURSE EDUCATION



**PRE-NURSING
SCHOLARSHIP**

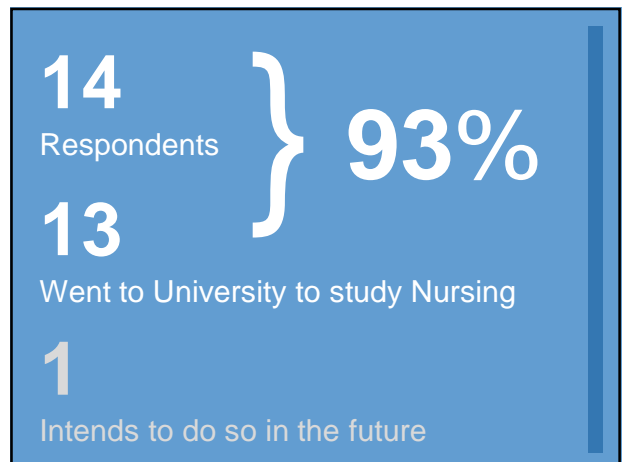
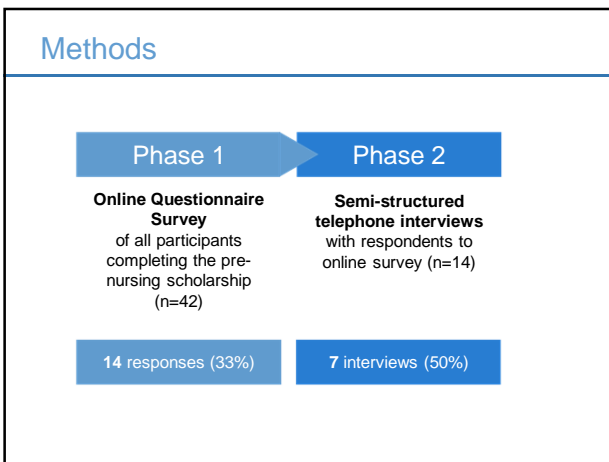
Purpose

To increase **recruitment** and **retention** of nurses in remote and rural Scottish communities by:

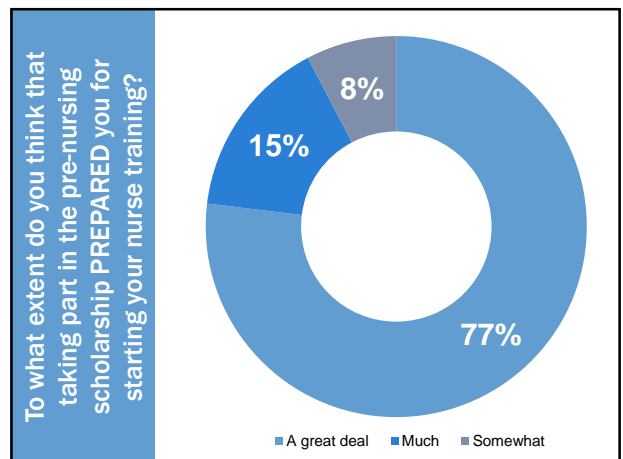
- **Inspiring** school-leavers to consider nursing careers and aspire to university education
- **Alerting** secondary school pupils to the availability of nurse education closer to home

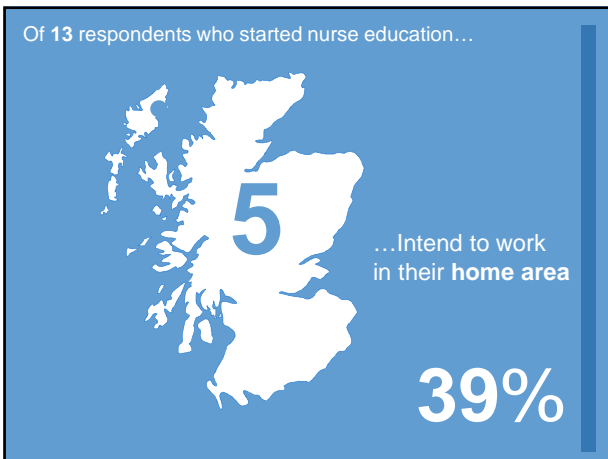
RESEARCH METHODS

PHASE 1 ONLINE SURVEY

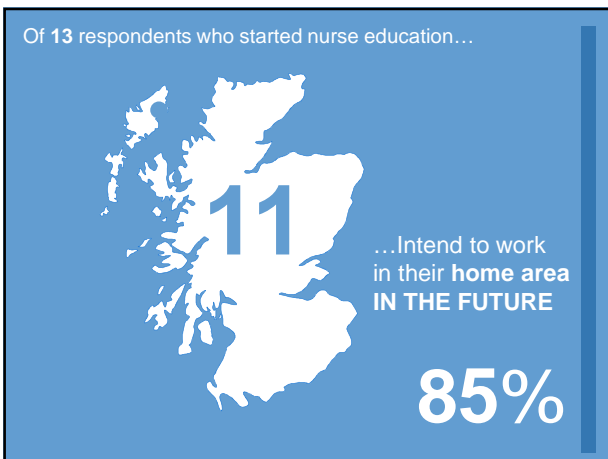


FINDINGS





PHASE 2 INTERVIEWS



- ### Interview Themes
- Making the right choice
 - Feeling prepared
 - Aiding transition

“I don't think I would be at university if I hadn't done the Pre-Nursing Scholarship” (Student 1)

“I greatly enjoyed the Pre-nursing Scholarship, it set my mind to nursing and helped me gain confidence to attend university.” (Student 9)

“It was an excellent opportunity which gave me insight to what it would be like and helped me make my choice to enter my nursing degree and I love it.” (Student 4)

“It gave me a good step in to university.” (Student 7)

“I found the pre-nursing scholarship extremely helpful in relation to starting my nursing career. It gave me great insight into what was expected of me and what to expect when being put on placements. I feel the scholarship is a great opportunity for aspiring nursing students.” (Student 11)

Making the right choice

“If I hadn't taken part in it I don't think I would have gone to University straight away – I would have maybe gone college and done healthcare or something like that but this encouraged me to go for it.”

Making the right choice

“ About half way through the scholarship I **definitely made up my mind I wanted to do nursing**...when I had my experience in placement that was when I definitely knew I wanted to do it.”

Feeling Prepared

“ It was my first taste of a university experience... just to **get the feel of it**... your still in high school and not sure what is beyond there... it was a really good **stepping stone between school and university** and confirmed for me that what I wanted to do.”

Making the right choice

“ The placement was definitely the point I knew that I wanted to nursing as I **was swithering** between primary education and nursing and that kind of **pushed me in the right direction** to do nursing.”

Feeling Prepared

“ I thought (practice) would be **much more regimented**, staff were lovely and my buddy was amazing and it so relaxed, a nice environment.”

Feeling Prepared

“ We had classes during the day and that **got us used to what Uni was like**, that was really helpful having that [Residential] week.”

Aiding Transition

“ I was in community hospital...we did hand hygiene, practiced observations, blood pressure, went through some paperwork... so **when I started my programme some things weren't scary** because you had seen them before.”

Aiding Transition

“ I definitely felt more **comfortable** when I started the programme, because I knew what it would feel like ...I **settled in quickly**, I wasn't as nervous and I knew some the faces... it helped a lot.”

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KEY MESSAGES FOR NURSE EDUCATION

KEY MESSAGES

- **Pre-nursing scholarship** helped aspiring students:
 - **decide** if nursing is the right choice for them.
 - **feel prepared** for university and practise.
 - **transition** into nursing programmes.
- **Promising findings** that pre-nursing scholarship **supports successful transition into nursing.**
- On-going research:
 - Impact of pre-nursing experience on **retention** of students in **nursing programmes** and **remote and rural areas.**
 - Influence of pre-nursing scholarship on **engagement** between **schools** and **universities.**